Mental Health Risk Assessment www.galassify.org/grist



- 1. This tool records your risk judgements associated with the person's mental-health problems and the information supporting them. It is *not* an interview schedule: *it is your prerogative how and when to ask questions*.
- 2. Rapid screening questions are placed first in the document, with an arrow pointing to the page number, p, where additional questions can be found for the screening question (e.g. → p4). Relevance of information varies across assessments and further data is only required for screening questions that have been given a "yes" response. However, by answering all screening questions, GRiST will have recorded your comprehensive consideration of risk issues irrespective of how much information is actually supplied, which you are free to decide depending on the context and circumstances of the assessment.
- 3. Many questions have a ten-point rating scale to record your subjective judgement about the extent to which the item applies to the person. Response choices range from 0 for no extent, to 10 for maximum extent, with labels above the boxes to help interpret the meaning of the numbers. *Do not worry about the exact number: the ten-point scale allows for a margin of error and you are only expected to give a response that "feels right"*.
- 4. Give dates as accurately as you can but leave the days and/or months blank if unknown.
- 5. If items were considered during assessment but no answer was obtained, mark the dk box for "Don't Know".

PERSONAL DETAILS
Consumer ID: Age: years
Gender:
Marital status: single (never married) married (first marriage) remarried separated but legally married divorced widowed
Does the person share his or her living accommodation with anyone (if no, ignore all indented questions, as explained in the instructions)? $y = n$
Does the person live with any dependents (older relatives or children)? $\ \ \ \ \ \ \ \ \ \ \ \ \ $
number of dependents
6a. Check the this person's ethnicity
ACTION TO BE TAKEN



Rapid screening questions

SCREENING QUESTIONS LINKED TO A PARTICULAR RISK

SUICIDE	y	\square n	□dk
Has the person ever made a suicide attempt? If yes, $\rightarrow p6$	у	\square n	
Are you concerned about the person's current intention to commit suicide? If yes, $\rightarrow p6$		\Box_n	
Are you concerned about the person being exposed to circumstances or emotions that could trigger suicide attempts? If yes, $\rightarrow p7$	y . □y	∐n ∐n	□dk
Is the person having suicidal thoughts or fantasies? If yes, $\rightarrow p7$			□ "
SELF-HARM	Шу	∐n	□dk
Has the person ever made any self-harm attempts? If yes, $\rightarrow p7$	П.,	П.,	
Are you concerned about the person being exposed to circumstances or emotions that could trigger self-harm? If yes, $\rightarrow p7$. □y	∐n ∏n	□dk
Is the person having self-harming thoughts or fantasies? If yes, $\rightarrow p8$			
HARM TO OTHERS OR DAMAGE TO PROPERTY	_y	\square n	□dk
Has the person ever engaged in episodes of harm to people/animals or damage to property (fire setting, vandalism, etc)? If yes, $\rightarrow p8$ but also record the most important information below	□y	□n	∐dk
- Were any of the previous episodes physical or sexual assaults/abuse? If yes, $\rightarrow p8$	у	□n	□dk
− Has the person ever engaged in fire setting behaviour? \Box people in domestic setting \Box friends/acquaintances/wor \Box authority figures	hed		ial care workers] ethnic groups
2) 2-2) F2	Пу	\Box n	□dk
 Tick all groups of people who are known to have been the target of any harm by the person. 	□y	□n	
Do you believe the person has an intention to cause harm or damage? If yes, $\rightarrow p9$			
Are you concerned about the person being exposed to circumstances or emotions that could trigger harm or damage? If yes, $\rightarrow p9$.	. Цу	<u></u> n	∐dk
Is the person having thoughts or fantasies about harming people/animals or damaging property? If yes, $\rightarrow p9$	□y	□n	∐dk
Are there any child protection issues? If yes, consider "risk to dependents" on p.5 as well as general harm to others		□n	
SELF NEGLECT	min 1 0 1 2	ow medi 3 4 5	um high max 6 7 8 9 10 dk
Are you concerned about the person being at risk of self neglect? If yes, $\rightarrow p10$			
VULNERABILITY OF SERVICE USER	□y	□n	□dk
To what extent does the person exhibit behaviour that could indicate vulnerability to sexual harrassment or abuse?	min 0 1 2	ow medi	um high max 6 7 8 9 10 dk
Does the person have a history of falls or other accidents?			
To what extent does the person lack the ability to look after daily living requirements (cooking, shopping, cleaning, etc)?			



SCREENING QUESTIONS RELEVANT TO MORE THAN ONE RISK			
Are you concerned about risks due to the person's feelings/emotions? If yes, $\rightarrow p10$.		\square n	
Are you concerned about risks due to the person's sense of self worth? If yes, $\rightarrow p11$.	_y	\square n	
Is there any history of depression or serious mental illness, including any current episode? If yes, $\rightarrow p11$.	□y	□n	□dk
Are you concerned about risks due to the person's mental faculties? If yes, $\rightarrow p11$.	_y	\square n	
Are you concerned about personality factors and their impact on risks? If yes, $\rightarrow p12$.	_y	\square n	
Are you concerned about the person's motivation and engagement with the world? <i>If</i> yes , $\rightarrow p12$.	□y	□n	
Are you concerned about risks due to the person's social context (relationships, living arrangements, finances, employment, any detrimental changes)? If yes, $\rightarrow p12$.	□y	□n	
Are you concerned about the person's general current behaviour (eg risk-taking, sleep patterns, daily activities, living skills)? If yes, $\rightarrow p13$.	□y	□n	
Does the person have a history of misusing drugs or alcohol? If yes, $\rightarrow p13$.	Пу	\prod n	
Are you concerned about the person's lack of insight and sense of responsibility? If $yes, \rightarrow p13$.	□y	_ □n	
Is the person suffering from any physical health problems? If yes, $\rightarrow p13$	Пу	□n	□dk
Are you concerned about the person's concordance with mental-health treatment? <i>If</i> $yes, \rightarrow p13$.	□y □y	□n	
Does the person have a history of adverse life events (eg suffered abuse, criminal justice proceedings, bereavement)? If $yes, \rightarrow p14$. Consider also social context $(p.12)$ and physical health $(p.13)$	□y	□n	∐dk
Does the person's behavioural presentation cause you concern about risks (eg verbal and physical behaviour, uneasy 'gut' feeling)? If yes, $\rightarrow p14$	□y	□n	
Are you concerned about the person's diet? If yes, $\rightarrow p15$	□y	□n	

END OF SCREENING QUESTIONS

General comments



Additional questions specific to a particular risk

These questions only need to be answered if flagged by the screening questions as relevant or appropriate for this particular assessment.

Additional questions for SUICIDE

Further questions on past and current suicide attempts				
- When was the last suicide attempt?	d	m	y 🔲 dk	Ĺ
- Has there been more than one suicide attempt?	y	□n	□dk	
– When was the first suicide attempt?	d	m	y 🔲 dk	_
- Approximately how many suicide attempts have there been?	арр	roximately		
– How have the suicide attempts changed in frequency over the last two years? — decrea	sing []same 🔲	increasing	
- To what extent were the suicide attempts well planned?		ow medium 3 4 5 6	high max 7 8 9 10 6	dk
– Was a suicide note written for any previous or current suicide attempts?	□y	nc	lk	
- To what extent were the suicide attempts concealed to prevent discovery?	$\begin{array}{c c} 0 & 1 & 2 \\ \hline \end{array}$	ow medium 3 4 5 6	7 8 9 10 6	
- How lethal was the most serious method used by the person in any of the suicide attempts (i.e. how likely to succeed in killing the person without any intervention)?	0 1 2	3 4 5 6	7 8 9 10 	dk
- To what extent do you believe the person wanted the suicide attempts to succeed?	0 1 2	3 4 5 6	7 8 9 10	dk
- How much does the person lack any regret or remorse over having tried to commit suicide in the past?	0 1 2	3 4 5 6	7 8 9 10	dk
– To what extent does the person lack awareness about how dangerous the suicide attempts were?	0 1 2	3 4 5 6	7 8 9 10	dk
Further questions on current intention to commit suicide				
- Does the person have any plans for making a future suicide attempt?	□y	nc	lk	
 To what extent can the person easily carry out the suicide plan (consider realism of plan and access to means of putting it into effect)? 	min 1 0 1 2	w medium 3 4 5 6	high max 7 8 9 10 □□□□□	dk
- How clear and detailed is the suicide plan?				
- How many steps has the person taken towards implementing the suicide plan?	0 1 2	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	7 8 9 10	dk
- How likely is the chosen method to succeed once the attempt has started?	0 1 2	3 4 5 6	7 8 9 10	dk
- Has the person told anyone about an intention to commit suicide?	□y ∣	nc	lk	
 To what extent has the person made end-of-life preparations matching those that would cause you most concern about suicide risk (eg written a will, sorted finances, put house in order, written suicide note)? 	min 1	low medium 3 4 5 6	high max 7 8 9 10	dk



Further questions on potential triggers for prospective suicide	min low medium high max
- To what extent is the person exposed to circumstances or emotions that may trigger a suicide attempt?	0 1 2 3 4 5 6 7 8 9 10 dk
 To what extent do the person's current emotions or circumstances match those that are known to have triggered previous suicide attempts? 	0 1 2 3 4 5 6 7 8 9 10 dk
Further questions on suicidal ideation	min low medium high max
- To what extent does the person lack ability to control suicidal thoughts or fantasies?	0 1 2 3 4 5 6 7 8 9 10 dk
- How much does the content of the suicidal thoughts or fantasies raise serious concerns about suicide risk?	0 1 2 3 4 5 6 7 8 9 10 dk
- How often do the suicidal thoughts or fantasies occur?	☐daily ☐weekly ☐monthly ☐less ☐dk
- How persistent, intrusive, or intense are the suicidal thoughts?	min low medium high max 0 1 2 3 4 5 6 7 8 9 10 dk
General suicide questions	
What effect do the person's religious values or beliefs, if any, have on risk of suicide?	strongly reduce same no effectincrease strongly increase dk
To what extent does the person have a pattern of self-harming that indicates suicide risk?	min low medium high max 0 1 2 3 4 5 6 7 8 9 10 dk
Has there been any history of suicide attempts in the person's family?	□y □n □dk
Additional questions for SELF-HARM	
Further questions on past and current episodes of self-harm	
– When was the last self-harm episode?	d m y □dk
– Has there been more than one self-harm episode?	□y □n □dk
– When was the first self-harm episode?	d m y □dk
- Approximately how many episodes of self-harm have there been?	approximately
 Are the self-harm episodes increasing or decreasing in frequency over the last two years? 	decreasing same dk
- How much planning was generally involved in the self-harm episodes?	min low medium high max 0 1 2 3 4 5 6 7 8 9 10 dk 0 1 2 3 4 5 6 7 8 9 10 dk
- To what extent are the self-harming attempts concealed to prevent discovery?	0 1 2 3 4 5 6 7 8 9 10 dk
– In general, how likely is it that the chosen self-harm methods could lead to death?	
- How much were the self-harm episodes more than a cry for help?	0 1 2 3 4 5 6 7 8 9 10 dk
– Did the self-harm episodes help the person cope with difficulties?	☐y ☐somewhat ☐n ☐dk
Further questions on potential triggers for prospective self-harm	
 To what extent is the person exposed to circumstances or emotions that may trigger self-harm episodes? 	min low medium high max 0 1 2 3 4 5 6 7 8 9 10 dk
 To what extent do the person's current emotions or circumstances match those that are known to have triggered any previous episodes of self harm? 	0 1 2 3 4 5 6 7 8 9 10 dk



Further questions on self-harm ideation	min low medium high max 0 1 2 3 4 5 6 7 8 9 10 dk
- How persistent, intrusive, and intense are the self-harming thoughts?	
- How often do the self-harming thoughts or fantasies occur?	☐daily ☐weekly ☐monthly ☐less ☐dl
General self-harm questions	min low medium high max 0 1 2 3 4 5 6 7 8 9 10 dk
To what extent does the person display evidence of self-harming cuts?	
Has there been any history of self-harm in the person's family?	□y □n □dk
Additional questions for HARM TO OTHERS OR DAMAGE TO PROPERTY	
Further questions on past and current episodes of harm or damage	
Questions on emotional episodes of harm to others	
- Has the person ever inflicted emotional cruelty on others (including racial abuse)?	y n dk
- How serious was the emotional cruelty?	0 1 2 3 4 5 6 7 8 9 10 dk
- When was the first episode of emotional cruelty?	d m y □d k
- When was the most recent episode of emotional cruelty?	d m y □ dk
Further questions on any violent assault/physical abuse	min low medium high max
- How serious was the most severe assault or physical abuse?	0 1 2 3 4 5 6 7 8 9 10 dk
– When was the first episode of assault/physical abuse?	d m y 🔲 dk
- When was the most recent episode of assault/physical abuse?	d m y 🗖 dk
Questions on sexual assault/abuse	
- Were any of the assaults rape or some other form of sexual abuse?	□y □n □dk
- Tick the most serious form of sexual assault by the person?	nt exposure
- When was the first episode of sexual assault?	d m y 🔲 dk
- When was the most recent episode of sexual assault?	d m y 🔲 dk
Questions on destructive acts against property	
 Has the person ever engaged in destructive acts concerning property (excluding fire setting)? How serious were the destructive acts concerning property? 	y n dk min low medium high max 0 1 2 3 4 5 6 7 8 9 10 dk
When was the first destructive act concerning property?When was the most recent destructive act concerning property?	$ \begin{array}{cccc} d & m & y & dk \\ d & m & y & dk \end{array} $



Further questions on any fire-setting		lan	high man
- How serious were the acts of fire setting?	min 0 1 □□	low medium 2 3 4 5 6	high max 7 8 9 10 dk
– When was the first episode of fire setting?	d	m	y dk
- When was the most recent episode of fire setting?	d	m	y 🔲 dk
Questions on abuse of animals			
- Has the person ever abused animals	□y		lk
– How serious was the animal abuse?	min 0 1	low medium 2 3 4 5 6	high max 7 8 9 10 dk □□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□
- When was the first episode of animal abuse?	d	m	y 🔲 dk
- When was the most recent episode of animal abuse?	d	m	y 🔲 dk
Questions relating to any previous episodes of harm or damage			
 Approximately how many episodes of all types of harm or damage are there known to have occurred? 	aj	pproximately	
– How are the episodes of harm or damage changing in frequency?	U		increasing <u></u> dk
- To what extent does the person continue to believe there was nothing wrong with causing harm or damage?	min 0 1 □□	low medium 2 3 4 5 6	high max 7 8 9 10 dk □□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□
Further questions on intention for harm or damage	min	low medium	high max
- To what extent does the person's plan for harm or damage match one that would cause you most concern?	0 1	2 3 4 5 6	7 8 9 10 dk
- To what extent does the person have the means and know-how for carrying out the plan to harm or damage?	0 1	2 3 4 5 6	7 8 9 10 dk
- To what extent has the person taken steps towards implementing the plan to harm or damage (eg made threats, monitored the victim)?		2 3 4 5 6	7 8 9 10 dk
- Has the person got any particular victim(s) in mind for harming?	□y	n [dk
Further questions on potential triggers for prospective harm or damage	min	low medium	high may
To what extent is the person exposed to emotions or circumstances that could trigger episodes of harm or damage?	0 1		7 8 9 10 dk
– To what extent do the person's current emotions or circumstances match those that have previously triggered episodes of harm or damage?		2 3 4 5 6	7 8 9 10 dk
Further questions on ideation about violence			
 To what extent does the content of the person's thoughts or fantasies raise serious concerns about risk of harm or damage? 			7 8 9 10 dk
- How often do the thoughts or fantasies about harm or damage occur?	□da □les	ily weekly	monthly
– How persistent, intrusive, or intense are the thoughts/fantasies of harm or damage?	0 1	2 3 4 5 6	7 8 9 10 dk
 To what extent do the thoughts/fantasies of harm or damage relate to the people, events, and circumstances in the person's own world (ie the realism of the thoughts)? 	0 1	2 3 4 5 6	7 8 9 10 dk



General questions on harm or damage	
What effect do the person's religious values or beliefs have on the risk of harm or damage?	☐ strongly reduce ☐ same ☐ no effec ☐ increase ☐ strongly increase ☐ dk
To what extent is there a history of violence, abuse, or aggression in the person's family	min low medium high max y? 0 1 2 3 4 5 6 7 8 9 10 dk
To what extent does the person have an interest in pursuits related to violence (eg weapons, violent videos or computer games)?	0 1 2 3 4 5 6 7 8 9 10 dk
To what extent does the person's appearance match one that would cause you most concern about risk of harm or damage (eg sweating, blood, state of clothes)?	0 1 2 3 4 5 6 7 8 9 10 dk
Additional questions for SELF NEGLECT	
To what extent do the person's hair and clothing indicate a failure to look after him or herself?	0 1 2 3 4 5 6 7 8 9 10 dk
To what extent does the person have poor personal hygiene (eg smell, dirty hair and nails)?	0 1 2 3 4 5 6 7 8 9 10 dk
To what extent has there been a recent change in appearance suggestive of self neglect	? 0 1 2 3 4 5 6 7 8 9 10 dk
To what extent does the person's skin (condition, lesions, injuries, etc) indicate self neglect?	0 1 2 3 4 5 6 7 8 9 10 dk
Additional questions for information that is relevant to more than one risk	
Further questions on feelings/emotions	min low medium high max
- To what extent does the person have unstable moods or mood swings?	0 1 2 3 4 5 6 7 8 9 10 dk
- To what extent does the person have negative feelings about him or herself (eg self-hatred, guilt, shame, humiliation)?	0 1 2 3 4 5 6 7 8 9 10 dk
- To what extent is the person displaying anger?	0 1 2 3 4 5 6 7 8 9 10 dk
- To what extent does the person show anxiety (eg afraid, fearful)?	0 1 2 3 4 5 6 7 8 9 10 dk
- To what extent does the person feel helpless?	0 1 2 3 4 5 6 7 8 9 10 dk
- To what extent does the person seem sad or downbeat?	
- To what extent is the person displaying or expressing distress?	
- To what extent does the person lack any plans for the future?	0 1 2 3 4 5 6 7 8 9 10 dk
– To what extent does the person think life is not worth living?	0 1 2 3 4 5 6 7 8 9 10 dk
– To what extent is the person expressing jealousy?	0 1 2 3 4 5 6 7 8 9 10 dk



Further questions on client's perspective of self worth	min low medium high max
- To what extent does the person have an exaggerated self-worth or grandiosity?	0 1 2 3 4 5 6 7 8 9 10 dk
- To what extent does the person regard him or herself as worthless?	0 1 2 3 4 5 6 7 8 9 10 dk
Further questions on mental health problems	
– Does the person have any history of depression (past or present)?	y n dk min low medium high max
 To what extent does the person appear listless or lacking energy and drives (eg loss of enthusiasm, libido, and/or interest)? 	0 1 2 3 4 5 6 7 8 9 10 dk
– What stage of depression best describes the current status?	first relapse dk recovery (first) recovery (repeat)
- Does the person have any history of serious mental illness?	☐y ☐n ☐dk min low medium high max
- How much does the person have insight into his or her mental-health problems?	0 1 2 3 4 5 6 7 8 9 10 dk
– Is the person currently suffering from symptoms of a mental illness?	∐y ∐n ∐dk
 To what extent is the person displaying manic or hypomanic behaviour (mood swings, fast speech, excessive irritability, recklessness, impulsivity, etc)? 	min low medium high max 0 1 2 3 4 5 6 7 8 9 10 dk
Questions on voice hallucinations	□v □n □dle
- Does the person hear voices that are not present in reality?	∐y
- How much do the voices urge the person to harm or endanger him or herself?	min low medium high max 0 1 2 3 4 5 6 7 8 9 10 dk
- How much do the voices urge the person to harm or endanger other people?	0 1 2 3 4 5 6 7 8 9 10 dk
– How likely is it that the person will act on the voices?	0 1 2 3 4 5 6 7 8 9 10 dk
Questions on paranoid delusions	
 Does the person suffer from delusions (ie clearly incorrect and illogical ideas about his or her life and circumstances)? 	□y □n □dk
- How much is the person obsessed with ideas that particular people known to him or her are behaving badly?	min low medium high max 0 1 2 3 4 5 6 7 8 9 10 dk
- How much is the person obsessed with ideas that other people are going to harm or persecute him or her?	0 1 2 3 4 5 6 7 8 9 10 dk
- How likely is it that the person will act on delusions about other people?	0 1 2 3 4 5 6 7 8 9 10 dk
Further questions on mental faculties	
 Does the person have impaired cognitive functions (thinking processes, memory, concentration) 	□y □n □dk
- To what extent have the thinking processes and memory deteriorated?	min low medium high max 0 1 2 3 4 5 6 7 8 9 10 dk
– How well is the person able to concentrate?	0 1 2 3 4 5 6 7 8 9 10 dk
- To what extent do you believe the person to have learning disabilities?	0 1 2 3 4 5 6 7 8 9 10 dk



Further questions on personality	min low medium high max 0 1 2 3 4 5 6 7 8 9 10 dk
– How assertive is the person?	
- How much does the person lack empathy?	0 1 2 3 4 5 6 7 8 9 10 dk
- To what extent is the person overdependent (weak, over-reliant on others, easily influenced, unable to function independently)?	0 1 2 3 4 5 6 7 8 9 10 dk
– How organised is the person's general approach to life?	0 1 2 3 4 5 6 7 8 9 10 dk
– How much does the person lack the capacity to cope with major life stresses?	0 1 2 3 4 5 6 7 8 9 10 dk
– How hostile is the person?	0 1 2 3 4 5 6 7 8 9 10 dk
– How impulsive is the person?	0 1 2 3 4 5 6 7 8 9 10 dk
– How unreliable is the person?	0 1 2 3 4 5 6 7 8 9 10 dk
Further questions on motivation and engagement with world	
- How much has the person physically isolated him or herself from the world?	0 1 2 3 4 5 6 7 8 9 10 dk
- How much has the person mentally disengaged or withdrawn from the world?	0 1 2 3 4 5 6 7 8 9 10 dk
- To what extent does the person lack motivation in his or her general life?	0 1 2 3 4 5 6 7 8 9 10 dk
Further questions on social context	
Questions on relationships	
Questions on relationships - How much does the person lack supportive relationships?	0 1 2 3 4 5 6 7 8 9 10 dk
	0 1 2 3 4 5 6 7 8 9 10 dk 0 1 2 3 4 5 6 7 8 9 10 dk
 How much does the person lack supportive relationships? To what extent does the person have detrimental relationships or ones with people 	0 1 2 3 4 5 6 7 8 9 10 dk
 How much does the person lack supportive relationships? To what extent does the person have detrimental relationships or ones with people who have antisocial behaviours? To what extent does the person perceive his or her relationships to have changed for 	0 1 2 3 4 5 6 7 8 9 10 dk 0 1 2 3 4 5 6 7 8 9 10 dk
 How much does the person lack supportive relationships? To what extent does the person have detrimental relationships or ones with people who have antisocial behaviours? To what extent does the person perceive his or her relationships to have changed for the worse (eg recent bitter divorce or separation; rows)? 	0 1 2 3 4 5 6 7 8 9 10 dk
 How much does the person lack supportive relationships? To what extent does the person have detrimental relationships or ones with people who have antisocial behaviours? To what extent does the person perceive his or her relationships to have changed for the worse (eg recent bitter divorce or separation; rows)? Questions on living arrangements 	0 1 2 3 4 5 6 7 8 9 10 dk 0 1 2 3 4 5 6 7 8 9 10 dk 0 1 2 3 4 5 6 7 8 9 10 dk several times per year less
 How much does the person lack supportive relationships? To what extent does the person have detrimental relationships or ones with people who have antisocial behaviours? To what extent does the person perceive his or her relationships to have changed for the worse (eg recent bitter divorce or separation; rows)? Questions on living arrangements How often does the person move accommodation? monthly or more every year What type of accommodation does the person have? custody hospital 	0 1 2 3 4 5 6 7 8 9 10 dk 0 1 2 3 4 5 6 7 8 9 10 dk 0 1 2 3 4 5 6 7 8 9 10 dk several times per year less
 How much does the person lack supportive relationships? To what extent does the person have detrimental relationships or ones with people who have antisocial behaviours? To what extent does the person perceive his or her relationships to have changed for the worse (eg recent bitter divorce or separation; rows)? Questions on living arrangements How often does the person move accommodation? monthly or more every year What type of accommodation does the person have? custody hospital rented/leased owned To what extent is the person's accommodation isolated from other houses and 	0 1 2 3 4 5 6 7 8 9 10 dk 0 1 2 3 4 5 6 7 8 9 10 dk 0 1 2 3 4 5 6 7 8 9 10 dk several times per year less
 How much does the person lack supportive relationships? To what extent does the person have detrimental relationships or ones with people who have antisocial behaviours? To what extent does the person perceive his or her relationships to have changed for the worse (eg recent bitter divorce or separation; rows)? Questions on living arrangements How often does the person move accommodation? what type of accommodation does the person have? custody hospital rented/leased owned To what extent is the person's accommodation isolated from other houses and resources? To what extent does the neighbourhood exacerbate the person's particular risks (eg 	0 1 2 3 4 5 6 7 8 9 10 dk 0 1 2 3 4 5 6 7 8 9 10 dk 0 1 2 3 4 5 6 7 8 9 10 dk several times per year less



Questions on financial problems	min low medium high max 0 1 2 3 4 5 6 7 8 9 10 dk
- How anxious is the person about perceived levels of debt?	
 To what extent does the person's income fail to meet the basic essentials for supporting living requirements of the household (food, rent, heating, etc)? 	0 1 2 3 4 5 6 7 8 9 10 dk
Questions on employment	
- How unstable is the person's employment history (eg always changing, poor disciplinary record)?	0 1 2 3 4 5 6 7 8 9 10 dk
- To what extent does the person believe a recent change in employment to be detrimental (eg loss of job, work stress)?	0 1 2 3 4 5 6 7 8 9 10 dk
Further questions on general current behaviour	
 To what extent does the person take reckless risks (eg with sexual behaviour, driving, gambling and other leisure pursuits)? 	0 1 2 3 4 5 6 7 8 9 10 dk
- To what extent does the person experience sleep disturbance or difficulties with sleeping?	0 1 2 3 4 5 6 7 8 9 10 dk
- To what extent has the person been behaving out of character in recent weeks?	0 1 2 3 4 5 6 7 8 9 10 dk
- To what extent does the person's day lack any structure?	0 1 2 3 4 5 6 7 8 9 10 dk
– What is the person's general level of activity? passive/inert normal	☐ underactive ☐ dk ☐ overactive ☐ hyperactive
Further questions on substance misuse	
- To what extent does the person misuse alcohol to the detriment of his or her life?	min low medium high max 0 1 2 3 4 5 6 7 8 9 10 dk
- To what extent does the person misuse drugs to the detriment of his or her life?	0 1 2 3 4 5 6 7 8 9 10 dk
Further questions on insight and responsibility	
– To what extent does the person lack insight into the potential consequences of his/her risk-taking behaviour?	0 1 2 3 4 5 6 7 8 9 10 dk
- To what extent does the person fail to take responsibility for the impact of his/her risk-taking behaviour?	0 1 2 3 4 5 6 7 8 9 10 dk
- To what extent does the person recognise a need for help with mental-health issues?	0 1 2 3 4 5 6 7 8 9 10 dk
Further questions on physical health problems	
 If the person has a life-threatening or degenerative illness (eg cancer, multiple sclerosis, HIV), when was it first diagnosed? 	d m y 🔲 dk
- To what extent does the person suffer from chronic or periodic pain?	min low medium high max 0 1 2 3 4 5 6 7 8 9 10 dk
 To what extent does the person suffer from problems that affect mobility and/or dexterity? 	0 1 2 3 4 5 6 7 8 9 10 dk
- To what extent has there been a deterioration in physical health over the last few months?	0 1 2 3 4 5 6 7 8 9 10 dk
Further questions on engagement with health services/medication/therapies	
- To what extent is the person failing to comply with any medication or therapies?	0 1 2 3 4 5 6 7 8 9 10 dk



- To what extent does the person fail to perceive health or social care services as	
supportive?	min low medium high max 0 1 2 3 4 5 6 7 8 9 10 dk
- When did the person last access any health or social-care services?	□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□
– To what extent does the person believe that their medication/therapies are failing to have a beneficial effect?	0 1 2 3 4 5 6 7 8 9 10 dk
Further questions on adverse life events	
- Has the person ever been the victim of any form of abuse (eg physical, sexual, financial, emotional)?	□y □n □dk
- Has the person ever been sexually abused?	□y □n □dk
– When was the most recent episode of sexual abuse?	d m y □dk
- Was the first episode of sexual abuse during childhood or early adolescence?	y 🔲 n 🖂 dk
- Has the person ever been physically abused?	□y □n □dk
- When was the most recent episode of physical abuse?	d m y □d k
- Was the first episode of physical abuse during childhood or early adolescence?	□y □n □dk
- Has the person ever been emotionally or racially abused?	□y □n □dk
- When was the most recent episode of emotional or racial abuse?	. d m y □dk
Was the first episode of emotional or racial abuse during childhood or early adolescence?	
– Has the person ever been financially abused?	 □y □n □dk
 Has the person ever faced serious criminal justice proceedings (court cases, custodial sentences, etc)? 	
- To what extent did the person grow up in emotionally disturbed or disruptive environments?	min low medium high max 0 1 2 3 4 5 6 7 8 9 10 dk
- How much has the person suffered from eating disorders in the past?	
- How much has the person had bad educational experiences?	. 0 1 2 3 4 5 6 7 8 9 10 dk
Further questions on client's behavioural presentation during assessment - How difficult is it to have rapport and empathy with the person?	0 1 2 3 4 5 6 7 8 9 10 dk
– To what extent is the person unwilling to communicate or respond to questions?	. 0 1 2 3 4 5 6 7 8 9 10 dk
To what extent do you have an uneasy `gut' feeling about the person (eg about the person's honesty, something doesn't quite add up, something missing)?	0 1 2 3 4 5 6 7 8 9 10 dk
- How aggressive/hostile is the person's tone of voice?	0 1 2 3 4 5 6 7 8 9 10 dk
- How depressed and downbeat is the person's tone of voice?	0 1 2 3 4 5 6 7 8 9 10 dk
- To what extent is the person failing to make sense (eg incoherent, irrational)?	. 0 1 2 3 4 5 6 7 8 9 10 dk
- To what extent does the person's body language indicate distress?	0 1 2 3 4 5 6 7 8 9 10 dk



To what extent do the person's movements, posture, and facial expression indicate a low, downbeat, or gloomy mood?	min low medium high max 0 1 2 3 4 5 6 7 8 9 10 dk
- How aggressive or threatening are the person's movements and posture?	0 1 2 3 4 5 6 7 8 9 10 dk
- To what extent does the person appear detached or preoccupied?	0 1 2 3 4 5 6 7 8 9 10 dk
- To what extent does the person avoid eye contact?	0 1 2 3 4 5 6 7 8 9 10 dk
- What is the person's predominant form of eye movement?	☐ unresponsive/glazed ☐ normal ☐ darting ☐ dk
 How much do the person's physical, verbal, and emotional presentations appear consistent with each other (degree of congruence)? 	0 1 2 3 4 5 6 7 8 9 10 dk
Further questions on appropriateness of diet	0 1 2 3 4 5 6 7 8 9 10 dk
- To what extent does the person fail to eat appropriately?	
- Is the person's weight a cause of concern? ☐ extreme underweight Tick the appropriate description. ☐ weight OK ☐ overweight	☐ underweight ☐ dk ☐ extreme overweight
- How much has the person experienced weight change in recent months?	min low medium high max 0 1 2 3 4 5 6 7 8 9 10 dk
- To what extent does the person fail to drink adequately?	0 1 2 3 4 5 6 7 8 9 10 dk
ADDITIONAL COMMENTS ON THE RISK ASSESSMENT AS A WHOLE	
Form completed by:	
Setting (where completed):	d m y



Risk judgements

Please use your judgement to assess the risks associated with the person, incorporating information you have obtained from the screening questions and any appropriate additional information.

SUICIDE: In your judgement, to what extent is the person at risk of suicide? <u>Comments</u>	min low medium high max 0 1 2 3 4 5 6 7 8 9 10 dk
SELF-HARM: In your judgement, to what extent is the person at risk of self-harm? <u>Comments</u>	min low medium high max 0 1 2 3 4 5 6 7 8 9 10 dk
SELF-NEGLECT: In your judgement, to what extent is the person at risk of self-neglect? <u>Comments</u>	min low medium high max 0 1 2 3 4 5 6 7 8 9 10 dk
self-neglect?	g .



HARM TO OTHERS OR DAMAGE TO PROPERTY: In your judgement, to what extent is the person at risk of causing harm to people/animal or damaging property? low medium high **Comments** 2 3 4 5 6 7 8 9 10 VULNERABILITY OF SERVICE USER: In your judgement, to what extent is the person at risk due to his or her vulnerability (consider physical, emotional, sexual, and financial vulnerability)? low medium high **Comments** 2 3 4 5 6 7 8 9 10 **RISK TO DEPENDENTS:** In your judgement, to what extent does the person put dependents at risk, if any (answer zero if there are no dependents)? min low medium high max **Comments** 0 1 2 3 4 5 6 7 8 9 10